

Secret of concentration; Dronacharyas test

Scene: The Pandavas and couple of Kauravas are in a training camp located in some Forest, with a small huddle of Kauravas chatting to each other, while guru Dronacharya approaches at a distance

Duryodhana: I find our Guru very partial towards Arjuna. He always favors Arjuna.

K1 1: This is very true Duryodhana.

Scene: Dronacharya eavesdrops this chatter and wants to show why Arjuna is the best of the lot, sets up a test and places a wooden bird on a tree.

Dronacharya : Students fall in line I want you to shoot that bird, P1 come forth and draw your arrow.

P1: As you wish master. (Draws the arrow)

Dronacharya: what do you see

P1: Master I see the bird, the tree, the breeze flowing the leaves of the tree.

Dronacharya: Thank you fall back in line, P2 come forth draw your arrow and tell what you see.

P2: Master I see the bird and the sun falling on it and the leaves around it.

Dronacharya: you too fall back, Duryodhana come forth, what do you see.

Duryodhana: Master I see the bird and the whole background.

Dronacharya: Duryodhana please come back. Arjuna step forward and tell what you see

Arjuna: Master, "I can only see the eye of the bird."

Scene: Dronacharya smiles at every one and taps on Arjunas shoulders.

Dronacharya: listen, everyone else had set their eyes on everything but Arjuna had set his eyes on his goal, the eye of the bird. Release the arrow!

Narrator: The world is ready to give up its secrets and the idea of where to look for comes through concentration.

Scene: The arrow hits the eye of the target. All the students look at Arjuna.

Narrator: Concentration is the essence of all knowledge; a trained mind never makes a mistakes.

Bheema's immense Concentration

Need to give introduction that Arjuna is a devotee of Gods and spends enormous time in collecting flowers and meditating.

Scene 1: Arjuna - collecting flowers and meditating to lord shiva.

Background voice: Arjuna used to pray to this God and that God. Lord Shiva had to be worshiped every day. For two hours daily Arjuna used to collect hundreds of flowers and offer them to Lord Shiva one by one uttering the name of Lord Shiva.

Scene 2: Bheema - Showing off his strength and eating.

- a. Bheema fighting with one person(throwing him off and showing he is the strongest)
- b. Putting his fingers on his forehead and meditate for a few minutes and then eat voraciously.

Background voice: One of Arjuna's brothers was the strongest in the family. Bhima never spent much time on prayer. He used to eat and fight. He was a voracious eater and at the same time a great fighter.

What Bhima did was very simple. He would put his fingers on his forehead and concentrate for a couple of minutes before each meal. Then he would eat voraciously. This was his meditation!

Scene 3: Sri Krishna and Arjuna saw a man drawing a cart loaded with flowers of all kinds.

Arjuna: What are you doing with these flowers? And where are you going?

Man: Does not respond to Arjuna and leaves the place.

Sri Krishna: Arjuna, let us follow him.
A place where there are more carts and flowers.

Arjuna: What are you going to do with all these thousands and millions of flowers?

Man: I have no time to speak to you. I can speak only to one person on earth, and that is Bhima.

Arjuna: Why is that so?

Man: He is the greatest spiritual seeker. When he meditates before his meals just for a minute or two, saying O mighty Lord Shiva, thousands of flowers are offered by him to Lord Shiva. His concentration is most intense and most sincere.

Narrator: The difference between human beings is in their degree of concentration.

Arjuna: How is this possible?

Sri Krishna : Arjuna, I wanted to teach you that it is not the number of hours, it is not the number of flowers, but it is the power of dedication that counts.

Narrator: You will know that the mind has become concentrated, when the idea of time has vanished.

Narrator:

Conclusion:

Narrator : Success in life depends on clear thinking and intellectual understanding which is inherited by the power of concentration.

All learning can be mastered in a short time by following the code of strict Bramacharya which involves immense concentration.